



Co-Directors Drs. Sanduk Ruit and Geoff Tabin examine a post-operative cataract patient in Dolakha, Nepal. PHOTO: Michael Amendolia

2010 Annual Report

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A surgical team of a doctor and an ophthalmic nurse from Nigeria train in small incision cataract surgery (SICS) at the Tilganga Institute of Ophthalmology in Kathmandu, Nepal. The team was supported through an HCP partnership with ORBIS International. Using a surgical microscope with a teaching head, both the doctor-in-training and the master trainer can be using the microscope to see the surgical field.

Photo: Tilganga

Dear Friends,

We are most grateful for this opportunity to share highlights of the Himalayan Cataract Project's work in 2010. Together with our partners, HCP contributed to the examination and treatment of over 415,562 patients, including 40,049 surgeries — the vast majority at low or no cost. Your assistance has also allowed us to provide extensive training to eye care providers and to undertake significant infrastructure investments that have further expanded our ability to reach the unreachable. On behalf of the Himalayan Cataract Project and those that we support throughout the world, *thank you*.

At the close of the year, Co-Director Dr. Sanduk Ruit reflected upon an outreach cataract workshop in Nepal that included trainees from Ethiopia, Uganda, North Korea and the United States, all of whom were in Nepal to learn the manual small incision technique and efficient high-volume delivery. He commented on how satisfying it was to watch an American surgeon assisted by a Nepalese nurse, a North Korean surgeon assisted by an Ethiopian nurse, and so forth. In Dr. Ruit's words, the scene was a true example of "peace and harmony for international collaboration."

It is in this spirit of international collaboration that we are making progress on eliminating avoidable blindness in the developing world, together with our partner ophthalmologists and partner organizations. We are honored to work with fantastic trainees from around the world who will shape the future of blindness alleviation

for years to come. To underscore the importance of training, we have included profiles of trainees and trainers throughout this report. We hope these profiles will provide a sense of the broad impact of the training and program work, as well as the personal story of those highlighted.

On behalf of the people we serve and the partners with whom we work, all of us at the Himalayan Cataract Project send our thanks.



Geoffrey Tabin
Co-Director



Job Heintz
Chief Executive Officer



Himalayas: NEPAL

HCP maintains its roots in the Himalayas with its nexus at the Tilganga Institute of Ophthalmology in Kathmandu, Nepal. With HCP support, Tilganga serves as a model institution for ophthalmic education and direct care, while mentoring other eye hospitals throughout the region.

NEPAL Tilganga Institute of Ophthalmology

SCREENING

Hospital Based Screenings	158,080
Outreach Screenings	
Hetauda Community Eye Hosp.	45,801
Community Eye Centers	52,573
OMECS	31,352
Screening Eye Camps	10,676
Outreach Total	140,402
Total Screenings	298,482

SURGERY

Hospital Based Surgeries	11,068
Outreach Surgeries	
Hetauda Community Eye Hosp.	3,027
OMECS	3,875
Outreach Total	6,902
Total Surgeries	17,970

Tilganga Institute of Ophthalmology



Since its establishment in 1994, Tilganga has screened over 2 million patients and provided over 156,000 surgeries in Nepal. On average, with HCP support, Tilganga manages 18

outreach microsurgical eye clinics (OMECS) each year. Through this network, hundreds of thousands of patients are receiving quality care.



The Himalayan Childhood Blindness and Eye Health Initiative, funded through USAID's Micronutrient and Child Blindness Project, culminated in June with a national dissemination program hosted at Tilganga. Through this program, over 35,000 children were screened and over 400 volunteers were trained in six districts in Nepal. Photo: Tilganga

Hetauda Community Eye Hospital (CEH)

The Hetauda CEH was established in 2008 to provide comprehensive quality eye care in the Makwanpur District in southern Nepal. The CEH is staffed by one ophthalmologist and 24 support staff. In 2010, the team managed 2 Outreach Microsurgical Eye Clinics (OMECS) and conducted 43 general screening camps, 11 school screening camps, and 6 factory screening camps. In total, 45,801 patients were examined and 3,027 received surgical care.

New Investments in Dolakha

In November with HCP support, Tilganga took over management of the Dolakha Lions Eye Center (DLEC) in the Janakpur district of Central Nepal. DLEC conducts regular one day screening camps throughout the region to diagnose and correct basic eye problems such as refractive error and cataract. In 2010, DLEC managed 10 community screening camps, screening 2,730 patients and referring 274 for surgery, and managed two OMECS providing 185 surgeries. Plans are in place to upgrade DLEC to a community eye hospital similar to Hetauda and to use the center as a training facility for residents and visiting surgical teams.

Eyebanking: Improving Corneal Care

The first ever Nepal Eye Bank and Corneal Transplantation Congress took place in April, hosted by HCP, Tilganga, and SightLife, our international partner in eradicating corneal blindness. Eight corneal surgeons and numerous eyebanking staff, representing five different institutions from throughout the country, met to formulate a comprehensive five-year plan to strengthen eye banking in Nepal and to rapidly increase the number of corneas available for transplantation in the Himalayan region.



Post-operative instructions are provided at the Hetauda Community Eye Hospital.

Photo: Tilganga



Post-operative cataract patients at the May OMEC in Dolakha.

Photo: Tilganga



Nepal's corneal surgeons with Dr. Matt Oliva.

Photo: Tilganga

Himalayas: NEPAL



USAID
FROM THE AMERICAN PEOPLE

“ We are very appreciative of USAID-ASHA’s ongoing support establishing a world class eye center with our partners in Nepal. This grant for renewable energy is very exciting in that we’ll be demonstrating state-of-the-art US solar technology in South Asia while continuing to address the economic sustainability of the eye center.”

— **Job Heintz**
HCP CEO

Tilganga Continues to Expand

USAID-ASHA has been a critical partner in the Tilganga expansion since 2003. Although the new hospital was inaugurated in 2009, there was still a considerable amount of procurement in 2010 with over \$1 million worth of high-quality equipment purchased.



Dr. Geoff Tabin examines patients at an outreach event in Phaplu, Nepal.

Photo: Tilganga

Refractive Surgery Unit

HCP has partnered with London Vision Clinic to develop the Refractive Surgical Unit at Tilganga, an additional USAID-ASHA supported project that was approved in July 2009. In 2010, HCP’s Job Heintz joined Advisory Board Member Dr. Dan Reinstein and Tilganga ophthalmologist Dr. Kishore Pradhan (see opposite page) in London for the launch of the London Vision Clinic Foundation’s Humanitarian Laser Eye Surgery Program, which was established to develop a permanent solution for refractive error in the developing world.

USAID-ASHA Commits Additional Support for Renewable Energy Efforts

At the end of September, HCP received notice from USAID-ASHA confirming a \$700,000 grant to support the ongoing development of Tilganga. The grant includes support for a renewable energy project utilizing cutting edge US solar technology, continued procurement of advanced surgical equipment and provision of resources to support ongoing modernization of Tilganga’s management systems.

Profile: OPHTHALMOLOGIST

■ Kishore Pradhan, MD



Dr. Kishore Pradhan

Photo: Rex Shore

Dr. Kishore Pradhan has been treating patients at Tilganga since 2008 and will head the new Refractive Surgery Unit (RSU) to be completed in 2011. Dr. Pradhan spent 6 months in London with partners at London Vision Clinic (LVC) and received specialized training on the MEL 80 excimer and

VisuMax femtosecond lasers

— both donated to Tilganga by LVC Foundation. Dr. Pradhan is fully trained in small incision and phacoemulsification cataract surgery, as well as corneal surgery, but is very excited to concentrate on refractive surgery.

“ The new Refractive Surgery Unit will help expand Tilganga’s services while providing a model for humanitarian laser eye surgery in Nepal.”

— Dr. Kishore Pradhan
Director Refractive Surgery Unit

Research

Research plays an important role in both clinical and programmatic activities. HCP ophthalmologists, affiliates, partners and past and current fellows are leading research efforts to improve eye care delivery in the developing world. In 2010, 15 research projects were conducted in hospital and community settings and two research projects are ongoing. A total of six papers were published. Some papers have been accepted for publication and some are still in the process of peer review. The following papers are published in 2010:

Etiologic Diagnosis of Corneal Ulceration at a Tertiary Eye Center in Kathmandu, Nepal

Feilmeier M, Sivaraman K, Oliva M, Tabin G, Gurung R. Cornea 2010; 29: 1380-1385.

Retinoblastoma in a 37 year old man in Nepal: A case report

Shrestha A, Adhikari RC, Saiju R. Kathmandu University Medical Journal. 2010; 8: 247-250.

Demographic characteristics, patterns and risk factors for retinal vein occlusion in Nepal: a hospital-based case-control study

Thapa R, Paudyal G, Bernstein PS. Clinical Experiment Ophthalmol. 2010; 38: 583-90.

Ocular morbidity among orphanages

Shrestha MK, Wolf L, Shrestha U, Gurung K, Chansi BS, Dhungana P, Gurung R, Ruit S. J Nepal Med Assoc. 2010; 49:29-32.

Refractive error, strabismus and amblyopia in congenital ptosis

Thapa R. J Nepal Med Assoc. 2010; 49:43-6.

Age-based comparison of successful probing in Nepalese children with nasolacrimal duct obstruction

Limbu B, Akin M, Saiju R. Orbit. 2010; 29:16-20.

Profile: TRAINER



TOP/BOTTOM: Dr. Govinda Paudel



■ Govinda Paudel, MD

Senior Consultant in Vitreo-retina and Academic
Program Coordinator

TILGANGA INSTITUTE OF OPHTHALMOLOGY

"I was fond of ophthalmology even during my medical graduation. Ophthalmology, I found, is more precise, less ambiguous and relatively more defined than other branches

of medicine. I realized my work in this field could produce remarkable results.

Cataract surgery is a miracle of modern medicine. Blindness is devastating in this

part of the world and my efforts can make a huge difference helping large numbers of handicapped people.

HCP has supported my attendance at regular ophthalmic conferences around the world. I am actively involved in training and academic programs at Tilganga in collaboration with HCP. We train doctors and paramedical staff inside the country as well as those coming from outside the country,

particularly from Tibet, India, Malaysia, Thailand, Bangladesh, North Korea and Sub-Saharan Africa.

"Blindness is devastating in this part of the world and my efforts can make a huge difference helping large numbers of handicapped people."

As a clinician I feel greatly satisfied to see the happy faces of people who have just had their sight restored. I am encouraged to continue in this field

when I realize that my efforts can have significant impact on people's lives. One of my most memorable patient stories was from a cataract workshop in a hilly region north-west of Kathmandu. I did surgery on a 34-year old woman, blind in both eyes, who had never seen her 9-month old baby. I will never forget the expression of joy on her face when she saw her baby for the first time."

Himalayas: INDIA

INDIA Jomgon Kongtrol Eye Center Kalimpong, West Bengal

SCREENING

Clinic Based Screenings	11,071
Outreach Screenings	6,625
Total Screenings	17,696

SURGERY

Clinic Based Surgeries	629
Outreach Surgeries	479
Total Surgeries	1,108

Kripalu Charity Eye Hospital Uttar Pradesh

OUTREACH MICROSURGICAL EYE CLINICS

Screenings	3,681
Surgeries	922

Providing Care in West Bengal and Uttar Pradesh

HCP continued to support the Jomgon Kongtrol Eye Centre in Kalimpong, West Bengal. In 2010, HCP provided over \$50,000 worth of equipment for the center. With HCP support, the center has increased its surgical volume.

The outreach and training efforts at the Kripalu Charity Hospitals in Uttar Pradesh continues, led by Tilganga ophthalmologist Dr. Govinda Paudel. HCP supported two outreach eye clinics in Kripalu facilities in Uttar Pradesh, in Managarh and Barsana.



Drs. Sanduk Ruit and Geoff Tabin examine patients in India.

Photo: Tilganga

Himalayas: BHUTAN

BHUTAN Primary Eye Care Programme

SURGERY

Hospital Based Surgeries	980
Outreach Surgeries	368
Total Surgeries	1,348

SCHOOL BASED EYE CARE

Teachers trained	120
Students examined	6,140
Glasses distributed	1,377

Primary Eye Care Programme, Bhutan

In 2010, HCP signed a third five-year agreement with the Royal Government of Bhutan to support the Primary Eye Care Programme. HCP continues its commitment of approximately \$100,000 per year to cover program activities including outreach work, direct care, equipment procurement, and training of eye care personnel.

Training Highlights from 2010:

- 2 ophthalmic assistants graduated from the Royal Institute of Health Sciences
- 1 ophthalmic assistant enrolled in community ophthalmology training in Bangkok
- 2 ophthalmologists pursued fellowship training in a sub-specialty, with time at Aravind, Tilganga and Moran Eye Center in Utah
- 2 ophthalmologists attended the 25th Asia Pacific Academy of Ophthalmology meeting in Beijing
- 1 ophthalmologist attended the World Cornea Congress and ASCRS conference in Boston, followed by an observership at Massachusetts Eye and Ear Infirmary and Moran Eye Centre
- 1 ophthalmologist attended the American Academy of Ophthalmology Annual Meeting and the HCP's Annual Meeting in Chicago



Dr. Bob Hoffman with Dr. Kunzang Getshen in Bhutan.

Photo credit: Courtesy of Bob Hoffman

Profile: SUB-SPECIALTY FELLOWSHIP



■ Bhim Bahadur Rai, MD

HOME HOSPITAL:

Eastern Regional Hospital, Mongar, Bhutan

TRAINING:

Vitreo-retina Fellowship

TRAINING SITES:

John A. Moran Eye Centre, Salt Lake City, Utah
Tilganga Institute of Ophthalmology,
Kathmandu, Nepal

"I consider myself a very lucky ophthalmologist to be at Moran Eye Centre for my fellowship hospital. It is manned with very eminent ophthalmologists, technicians and very able supporting staff. Beside giving the clinical and operational services at the highest level the centre is also

actively moving ahead with the research works giving not only hope to the millions of blind people but also some new solutions against the diseases for which the treatment was not possible earlier. I am happy to be among them and learning from them."

"[With my training] I can help hundreds of people who are crippled with eye diseases of vitreous and retina which I cannot currently treat."

How did the experience contribute to your medical education or that of others?

First of all I will be a qualified vitreo-retina specialist. I can help hundreds of people who are crippled with eye diseases (of vitreous and retina) which I cannot currently treat. Most of

the diagnostic procedures and medications provided at Moran Eye Centre are very advanced. I had just read about them. But now I am seeing them done and all these experience that I am collecting here will definitely help me to enhance my clinical practice back home.

Himalayas: CHINA/TIBET



TOP: Patients at LIEC, Tibet. BOTTOM: Dedication of the ASCRS Foundation-Project Vision Chang Cataract Training Center at Project Vision's Red Cross anchor teaching hospital in Kunming, China, September 2010. Pictured from L to R: Warren Hill, Dennis Lam, David Chang, Geoff Tabin, Audrey Talley Rostov.

Top photo: Tilganga; Bottom photo: Courtesy of David Chang

Expanding Services in China and Tibet

In collaboration with Tilganga, HCP provides ongoing support to the Lhasa Institute of Eye Care (LIEC). On average, LIEC examines 40 patients per day and provides 20 surgeries per week. Approximately 30% of the surgery is provided for free. In 2010, 8,075 people were screened at LIEC and 1,003 surgeries performed. This is a marked increase from the 81 surgeries that were provided in 2005. Tilganga sent two teams to LIEC in 2010 to provide outreach care, cataract surgery training and refraction training.

HCP efforts have gradually expanded beyond Lhasa to include support for a new eye center in Xining, China. In August, Tilganga celebrated the inauguration of the Qinghai Woesser Cataract Treatment Centre (QWCTC), in Xining, China in collaboration with the Qinghai Tibetan Research Centre. HCP and Tilganga will continue to support QWCTC.

In September, Dr. Geoff Tabin and HCP Medical Advisor Dr. David Chang visited Project Vision facilities in southern China. Project Vision is an NGO operating 16 charity eye centers in 5 provinces. Over 50,000 cataract surgeries have been performed and 100,000 cases are projected by the end of 2011. HCP plans to consult with Project Vision for its work in both Lhasa and Xining.

Profile: STRATEGIC PARTNERSHIP



Bill Shields, Director of SightReach Surgical, with Co-Director Dr. Sanduk Ruit at Tilganga Institute of Ophthalmology, Nepal.

Photo: Courtesy of Bill Shields

“Bill and his team at SightReach Surgical have been invaluable to our work in Nepal and in Sub-Saharan Africa, providing unique expertise and world-class ophthalmic equipment at considerable savings.”

— **Job Heintz**
HCP CEO

■ SightReach Surgical®

SightReach Surgical® (SRS) has provided critical procurement services to the Himalayan Cataract Project since 2008. SRS is a social enterprise of the International Eye Foundation, dedicated to reducing the cost of ophthalmic products in the developing world. HCP first partnered with SRS Director Bill Shields to coordinate the procurement of equipment for the Tilganga Expansion project. The partnership subsequently broadened to include procurement services for all of HCP's work in South Asia and Sub-Saharan Africa.



“HCP has demonstrated tremendous growth since its founding and the eye hospitals being built in the poorest countries are providing sight-saving care for tens of thousands of people. IEF is proud to provide procurement services for HCP and these hospitals.”

— **Victoria M. Sheffield**
President & CEO
International Eye Foundation

Bill Shields with partners at Tilganga that handle equipment procurement and maintenance. From left, Rabindra Shrestha, Deputy General Manager, has overseen all of the USAID-supported infrastructure projects at Tilganga, and Ajeev Thapa, who manages Tilganga's equipment. Also pictured, Nabin Rai, Tilganga's Medical Coordinator.

Photo: Courtesy of Bill Shields

Sub-Saharan Africa: ETHIOPIA

HCP continues to expand in Sub-Saharan Africa, the region with the highest burden of avoidable blindness and visual impairment in the world. Our strength is building relationships with existing eye care providers to enhance training capacity and creating world-class infrastructure resulting in high-quality outcomes.

ETHIOPIA Quiha Zonal Hospital, Mekelle	
SCREENING	
Hospital Based Screenings	28,006
Outreach Screenings	10,320
Total Screenings	38,326
SURGERY	
Hospital Based Surgeries	
Minor	4,004
Major	3,185
Total Hospital	7,189
Outreach Surgeries	
Minor	3,469
Major	3,505
Total Outreach	6,974
Total Surgeries	14,163

QUIHA ZONAL HOSPITAL, MEKELLE

HCP continues to provide critical support to the Quiha Zonal Hospital in Mekelle with a focus on high-volume, high-quality cataract delivery and training for ophthalmologists and mid-level eye care personnel. HCP is supporting the expansion of Quiha, in collaboration with Spanish NGO Proyecto Vision. In addition to equipment and training support, HCP supported two high volume cataract workshops at Quiha in 2010, one in January providing 727 surgeries, and one in July providing 950 surgeries.

HCP is also providing support for training eye care personnel from other eye hospitals throughout Ethiopia. In 2010, HCP sponsored three doctors and two ophthalmic assistants to train in modern cataract technique at the Tilganga Institute of Ophthalmology in Kathmandu, Nepal. Following their Nepal training, these doctors participated in high-volume cataract workshops at Quiha before returning to their home hospitals.



Drs. Tilahun Kiros and Matt Oliva examine a patient in Mekelle.

Photo: Courtesy of National Geographic Poland

Profile: SHORT-TERM TRAINING FELLOWSHIP



■ Yewubnesh Hailu Somega, MD

HOME HOSPITAL:	Arbaminch Hospital, Ethiopia
TRAINING:	Small Incision Cataract Surgery (SICS)
TRAINING SITE:	Tilganga Institute of Ophthalmology

My interest in ophthalmology started in my final year of medical school after visiting some of the blind people in southern region of my country. Most of the causes of blindness in that area were trachoma-related corneal opacity and cataract. These people were begging in the street because of their blindness and were discriminated against. So I decided to join ophthalmology in order to contribute in the reduction of blindness in my country.

As a fellow, I learned small incision cataract surgery technique and had the opportunity to do more than 60 small incision cataract surgeries in my one month stay in Nepal. I learned how to organize and monitor

“I decided to join ophthalmology in order to contribute in the reduction of blindness in my country.”

outreach events in resource-limited countries. I also had the opportunity to observe different surgical techniques including corneal, retina and glaucoma surgery at Tilganga. This training helped me to develop my surgical skills and confidence, especially in SICS and outreach management.

*In 2010, Dr. Yewubnesh was featured in documentary film by **National Geographic Poland** highlighting women helping other women around the world. The film team joined HCP and Dr. Yewubnesh at a high volume cataract workshop at the Quiha Zonal Hospital during which 950 cataract surgeries were provided.*

Sub-Saharan Africa: GHANA

GHANA Komfo Anokye Teaching Hospital

SURGERY

Hospital Based Surgeries	1,038
Outreach Surgeries	368
Abesim	16
Gyetiese	34
Goaso	69
Gushiegu	100
Yendi	60
Kete Krachi	79
Agroyesum	32
New Edubiase	82
Outreach Total	472
Total Surgeries	1,510



KOMFO ANOYKE TEACHING HOSPITAL (KATH)



The Deputy Minister of Health, Mr. Nettle-Nunoo, cutting the sod at KATH along with Ashanti Regional Minister, Kumasi Major, Chief of Bantama. Photo: KATH

HCP's partnership with Komfo Anokye Teaching Hospital (KATH) gained significant momentum in 2010 when ground was broken for the construction of the modern surgical training facility that will serve as a training site for ophthalmologists from throughout West Africa in addition to increasing KATH's capacity to provide high quality care.

HCP has invested heavily in training personnel at KATH. In 2010, HCP supported fellowships for Drs. Seth Larley and Dr. Peter Armah (see Sub-Specialty Fellowships, page 20) as

well as on-site training in Kumasi focused on high-volume cataract delivery. HCP International Fellow Dr. Michael Feilmeier spent six weeks at KATH to help restructure the ophthalmology residency program and provide cornea training.

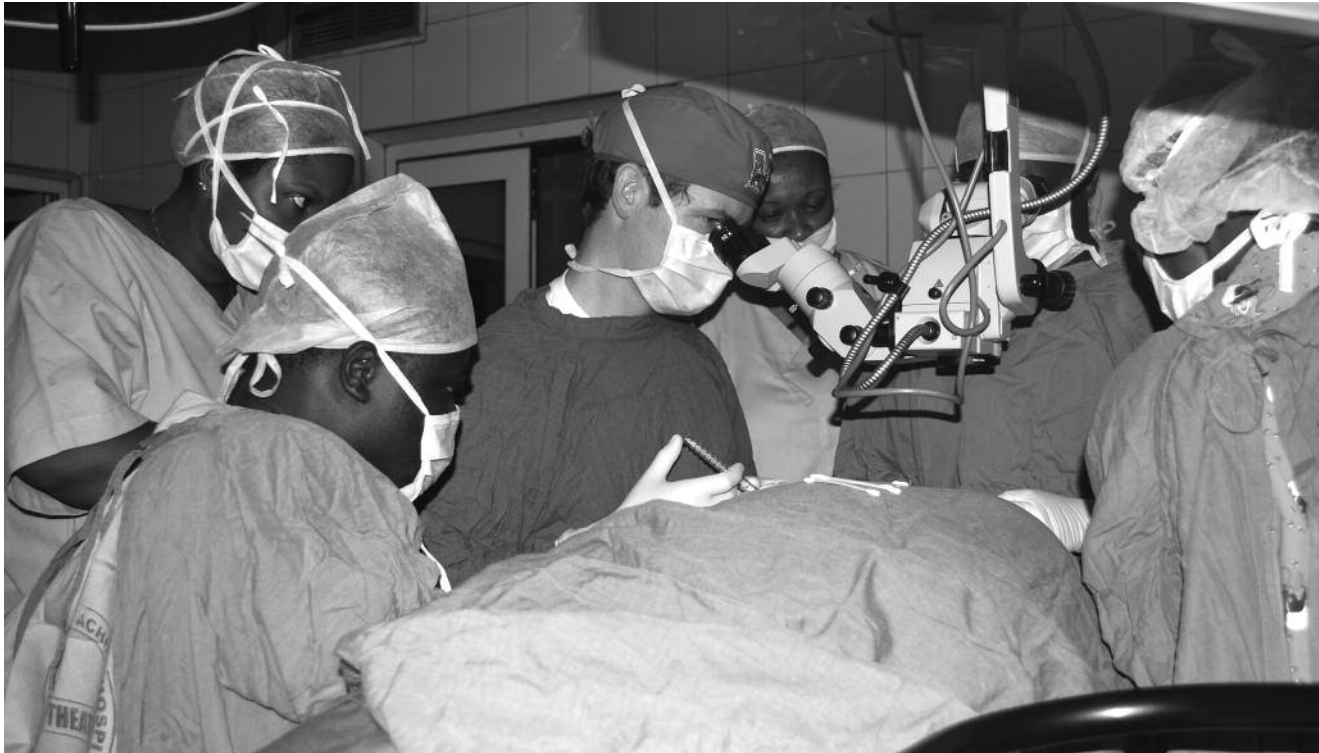
In May, Dr. Geoff Tabin along with a team from the John A. Moran Eye Center including Drs. Paul Bernstein, Alan Crandall and Bob Hoffman, visited KATH to provide training in glaucoma, retina, pediatrics and advanced cataract care. Dr. Tabin went on to manage an outreach event in Tamale and Gushiegu with Drs. Seth Larley and Seth Wayne.

Dr. Tabin working with local ophthalmologists Drs. Seth Larley and Seth Wayne in the operating theatre during an outreach event in Tamale. The team provided over 177 cataract surgeries in four days.

Photo: Margaret Laws

“ The biggest obstacle in providing high-quality residency education in the developing world is lack of teachers. We need to focus a significant amount of resources to improve infrastructure and entice more residents who demonstrate sincere interest in the residency program. Cultivating this interest is the key to improving ophthalmic education in the developing world.”

— Dr. Mike Feilmeier, HCP International Fellow



HCP International Fellow Dr. Mike Feilmeier working with the ophthalmology residents at KATH in Ghana.

Photo: Jessica Feilmeier

Sub-Saharan Africa

Ongoing Training & Mentoring Efforts



Rwanda's Prime Minister Bernard Makuza, Dr. Geoff Tabin, and RIIO's Dr. John Nkurikiye.

Photo: Courtesy of John Nkurikiye



Lance Bergstrom with a patient in Kenya.

Photo: Courtesy of Lance Bergstrom

RWANDA

HCP is working with HCP Fellow Dr. John Nkurikiye to establish the Rwandan International Institute of Ophthalmology (RIIO) in Kigali. RIIO will serve as a center of excellence for training. In 2010, Dr. Geoff Tabin made a follow-up visit to work with Dr. Nkurikiye on improving cornea care in Rwanda.

KENYA

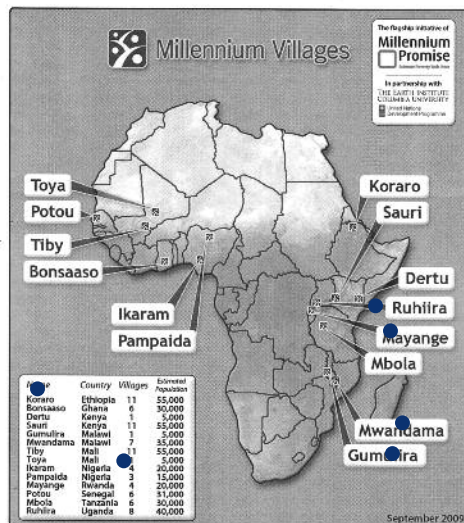
HCP provided ongoing training and equipment support to the eye department at the Kenyatta National Hospital in Nairobi. Kenyatta is the primary training center in East Africa and trains doctors from Tanzania, Rwanda, Burundi, Uganda, Somalia and Sudan. In 2010, Dr. Tabin and HCP volunteer ophthalmologists Drs. Huck Holz and Lance Bergstrom all spent time working at Kenyatta with Dr. Patricia Otieno, Residency Director and Head of Anterior Segment.

NIGERIA

HCP provided follow-up training to eye care providers at Ahmadu Bello University (ABU) Teaching Hospital in Zaria, Nigeria. Co-Director Dr. Geoff Tabin and HCP International Fellow Dr. Matthew Bujak worked with eight local eye surgeons, led by Dr. Elsie Samaila and Dr. A.L. Rafindadi, at a December workshop. Together they provided 20 corneal transplants and approximately 350 cataract surgeries over the five-day workshop. The Tulsi Chanrai Foundation graciously provided assistance with equipment and consumables for which we are most grateful.

“Dr. Tabin was able to identify areas where Kenyatta could get support, both in terms of my continuing skills’ updates and also with patient care. After Dr. Tabin returned home, he established links between Kenyatta and organizations and individuals who were willing to offer varying levels of support through HCP. I look forward to the achievement of much greater heights as we get into the third year of these relationships.”

—Dr. Patricia Otieno



● = Locations where HCP has managed interventions

To-date, HCP has managed interventions in **Bonsaaso, Ghana; Koraro, Ethiopia; Ruhira, Uganda; Sauri, Kenya; Pampaida, Nigeria; Mayange, Rwanda; and Mwandama, Malawi**, screening over 20,000 people and providing cataract surgery to over 800 people. In addition to patients served, HCP has trained surgical teams of doctors and nurses in each location.

Credit: Millennium Villages

In partnership with the Millennium Villages Project, HCP is overseeing eye care interventions for approximately 60,000 in 12 villages across 10 countries with the goal of assessing the impact and cost of community-based screening and treatment initiatives on the burden of avoidable blindness in Sub-Saharan Africa.

MWANDAMA, MALAWI

Dr. Matt Oliva managed the village intervention in Mwandama, Malawi in collaboration with the Lions SightFirst Eye Hospital in Blantyre. Through the intervention, 1,000 pairs of glasses were distributed, 115 cataract surgeries performed, over 1,000 patients screened and 70 village health care workers trained. Global Vision 2020 participated in the intervention, training local vision screeners in self-refraction and glasses distribution.

As part of the intervention, a pilot study was conducted to assess the impact. Using semi-structured questionnaires, 28 Malawians suffering from a variety of visual impairments were interviewed just prior to the intervention and then again three months afterwards to explore the myriad effects visual impairment has on daily life in this rural, subsistence-based economy, and to better understand how the interventions help alleviate these problems. Analysis is still ongoing, but the Mwandama experience will inform ongoing research in Ethiopia and Tanzania.

“Overall we have achieved good success and effectively developed a platform in which to launch improved quality and access to eye care services in the region for years to come.”

— **Dr. Matt Oliva**
HCP Board Member

Training

Enhancing Cataract & Ophthalmic Skills Worldwide

HCP trains surgical teams in increasing numbers each year, as we believe training local providers has the greatest multiplier effect on eradicating preventable blindness. Training takes the form of fellowships, exchanges and mentoring, both onsite and off.

Sub-Specialty Fellowships

Fellowships for Sub-Specialty training include three months of academic training and surgery observation at an academic medical center, typically the University of Utah's John A. Moran Eye Center, or a comparable facility, followed by an additional three to twelve months of training in Nepal or India. Specialties include pediatrics, cornea, retina, glaucoma, oculoplastics and uveitis. Each fellow is paired with a Professor who prepares the specific course of study, appropriate to each fellow's background and objectives. Accommodation and living stipend are provided.

Trainee	Country of Origin	Home Hospital	Type of Training	Training Location
PETER ARMAH	Ghana	KATH	Oculofacial plastics	Moran Eye Center
SUJATA BHANDARI	Nepal	Geta Eye Hospital	Cornea	Moran Eye Center
KAVITA DHAKHWA	Nepal	Lumbini Eye Institute	Cornea	Moran Eye Center
SETH LARTEY	Ghana	KATH	Cornea	Moran Eye Center and Medical Eye Center
BHIM BAHADUR RAI	Bhutan	Eastern Regional Referral Hospital	Vitreo-retina	Moran Eye Center and Tilganga

Short-Term Training Fellowships

Short-Term Training Fellowships include an intensive four to six week course in a particular field of study, whether it be small incision cataract surgery (SICS) technique or a short program in a sub-specialty.

Trainee	Country of Origin	Home Hospital	Type of Training	Training Location
ANIL AROOGUM	Trinidad	Ministry of Health	SICS cataract	Tilganga
RONNIE BHOLA	Trinidad	Ministry of Health	SICS cataract	Tilganga
SAMUEL BORA	Ethiopia	EECMY-BDS-Aira Hospital	SICS cataract	Tilganga
CRAIG CHAYA	United States	Fellow	SICS cataract	Tilganga
JULIE CRANDALL	United States	Moran Eye Center	Theatre nursing	Tilganga
PRAGATI GAUTAM	Nepal	Lumbini Eye Institute	Glaucoma	Tilganga
TIBLETS G-MARIAM	Ethiopia	Quiha Zonal Hospital	Theatre nursing	Tilganga
ANGIRA SHRESTHA	Nepal	Tilganga	Neuro-ophthalmology, retina	Moran Eye Center
RAJ PRADHAN KISHORE	Nepal	Tilganga	Refractive surgery	London Vision Clinic
THOMAS LITEINGER	United States	California Pacific Medical Center	SICS cataract	Tilganga
AKEZA MEBRAT	Ethiopia	Quiha Zonal Hospital	Theatre nursing	Tilganga
DANIEL INDIGU OBO	Ethiopia	EECMY-BDS-Aira Hospital	Theatre nursing	Tilganga
OH ONAKPOYA	Nigeria	Obani Anolowo University	SICS cataract	Tilganga
JULIET OTITI	Uganda	Mulago Hospital	Phaco, keratoplasty, eye banking	Tilganga
CHADNI PRADHAN	Nepal	Tilganga	Medical retina	Moran Eye Center
RABA THAPA	Nepal	Tilganga	Retina	Wills Eye Institute
IVEY THORNTON	United States	University of Louisville	SICS cataract and oculoplastics	Tilganga
NOR TSHERING	Bhutan	JDW NR Hospital	Cornea, anterior segment	Massachusetts Eye & Ear, Moran Eye Center
KIRAN SHAKYA	Nepal	Mechi Eye Hospital	Cornea	Tilganga
HAILU SOMEGA YEWUBNESH	Ethiopia	Arbaminch Hospital	SICS cataract	Tilganga
MEKENNAEA HAILU ZERIHUN	Ethiopia	Quiha Zonal Hospital	SICS cataract	Tilganga

US Resident Exchange

HCP provides support for US ophthalmology residents to spend four to six weeks with one of our partner eye institutions in the developing world. The residents typically participate in microsurgical skills transfer outreach, learn small incision cataract surgery and provide exposure to American-standard academic ophthalmology through grand round lectures.

Resident	Home Hospital	Type of Training	Training Location
ANNIE KUO	Moran Eye Center	SICS cataract	Tilganga
PAUL YANG	Moran Eye Center	SICS cataract	Tilganga

HCP/Moran International Fellows

Through a partnership with the John A. Moran Eye Center, the HCP has supported a one-year hybrid Corneal International Fellowship. The International Fellow spends part of the year with the Cornea department at the Moran Eye Center and part of the year with HCP program partners in the Himalayas and in Sub-Saharan Africa providing critical training. It is our hope that the fellows will go on to include international work as an important aspect of their careers.

International Fellow	Training Location
MATT BUJAK	Nepal, Nigeria
MICHAEL FEILMEIER	Haiti, India, Nepal, Ghana and US

“Working with HCP over the last year has provided me with unforgettable and rewarding experiences. But more importantly, the advances we made in eyecare in both Nepal and West Africa will continue to benefit the people in those countries for years to come.”

— **Dr. Matt Bujak**
HCP International Fellow



Dr. Matt Bujak with post-operative cataract patients in Nepal.
Photo: Matt Bujak

US Faculty Exchanges

The trainers, both faculty at partner institutions and volunteer US doctors, form the backbone of HCP training programs, providing critical teaching and mentoring to doctors from throughout the world.

Faculty	Home Hospital	Type of Training Provided	Training Hospital
BALA AMBATI	Moran Eye Center	Cataract, Cornea	Macha Hospital, ZAMBIA
PAUL BERNSTEIN	Moran Eye Center	Retina	Komfo Anokye Teaching Hospital, GHANA
LANCE BERGSTROM	Bergstrom Eye & Laser Clinic	Cataract	Kenyatta National Hospital, KENYA
ALAN CRANDALL	Moran Eye Center	Cataract, Glaucoma	Komfo Anokye Teaching Hospital, GHANA Tilganga, NEPAL
ROBERT HOFFMAN	Moran Eye Center	Pediatrics	JDWNR Hospital, BHUTAN Komfo Anokye Teaching Hospital, GHANA Tilganga, NEPAL
HUCK HOLZ	Kaiser Permanente	Cataract, Cornea	Kenyatta National Hospital, KENYA
PAUL IMPERIA	Medical Eye Center	Cataract	Quiha Zonal Hospital, ETHIOPIA
PAUL JORIZZO	Medical Eye Center	Cataract	Quiha Zonal Hospital, ETHIOPIA
DARLENE MILLER	Bascom Palmer Eye Institute	Microbiology	Tilganga, NEPAL
MATT OLIVA	Medical Eye Center	Cataract, Cornea	Lions SightFirst Eye Hospital, MALAWI Quiha Zonal Hospital, ETHIOPIA Tilganga, NEPAL
GEOFF TABIN	Moran Eye Center	Cataract, Cornea	ABU Teaching Hospital, NIGERIA JDWNR Hospital, BHUTAN Kenyatta National Hospital, KENYA King Faisal Hospital, RWANDA Komfo Anokye Teaching Hospital, GHANA Project Vision Red Cross Anchor Teaching Hospital, CHINA Tilganga, NEPAL



Dr. Paul Imperia works with Dr Tilahun Kiros at Quiha Zonal Hospital in Mekelle, Ethiopia.
Photo: Paul Imperia

Noteworthy

HCP in the News



Sanduk Ruit, featured in *Associated Press*.

Photo: Gemunu Amarasinghe



Geoff Tabin, featured in *Deseret News*.

Photo: *Deseret News*

Sanduk Ruit heralded as “God of Sight to the Poor”

Co-Director Dr. Sanduk Ruit was lauded for his efforts to eradicate blindness amongst the world's poor in an *Associated Press* article appearing in the *New York Times*, the *Washington Post* and *MSNBC* on March 21, 2010. The article highlights the innovative cataract surgery technique that Dr. Ruit developed and his commitment to training eye care providers who will carry this effort forward. He is quoted as saying, “You realize there are drops which make an ocean.”

Geoff Tabin featured in *Park City Magazine* & *Utah's Deseret News*

Park City Magazine and *Deseret News* both ran features on Co-Director Dr. Geoff Tabin.

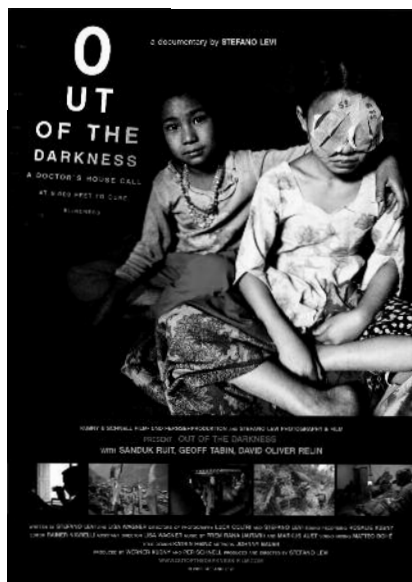
“I truly love doing surgery. And it's my small way of being able to help in the world. I've found my niche. To help people see again is amazing. I still get a thrill out of it.” —Geoff Tabin, *Park City Magazine*

“There were so many things I watched people die from that would be so easy to treat in America. But the one absolute miracle was cataract surgery.”
—Geoff Tabin, *Deseret News*

Videos



"The Gift of Sight" video featuring Dr. Ruit.



Sanduk Ruit featured in *Al Jazeera* video

Dr. Sanduk Ruit was featured in an *Al Jazeera* video report that followed Dr. Ruit to a mobile eye camp in Dhading, Nepal. "As the surgeon's mobile eye camp received patients at a monastery in Dhading, hundreds of people, most of whom had never seen a doctor before, had travelled for days by bicycle, motorbike, bus and even on their relatives' backs to get an appointment," said the reporter.

Out of the Darkness Selected to Be Screened at International Film Festival

Out of the Darkness is an independent documentary that features Co-Directors Drs. Sanduk Ruit and Geoff Tabin returning to Dr. Ruit's home village in western Nepal to provide critical eye care and training. The team from Tilganga trekked for four full days to reach the village. The film, by Stefano Levi, will be submitted to additional international film festivals in the coming year. The trailer is available on our website.

Matt Oliva Featured in *National Geographic Poland* video

When Board Member Dr. Matt Oliva was in Ethiopia in July for a high-volume cataract workshop, he was joined by a film crew from *National Geographic Poland* working on a program highlighting women around the world helping other women. The film crew was at Quiha Zonal Hospital to feature Dr. Yewubnesh (see profile on page 13). The crew was so moved by the experience, they decided to do a second hour-long show highlighting the cataract workshop. Due to the program's success, Dr. Oliva was then interviewed on the popular *Polish Today Show*.

Events and News



Event at Snowbird Raises over \$180,000

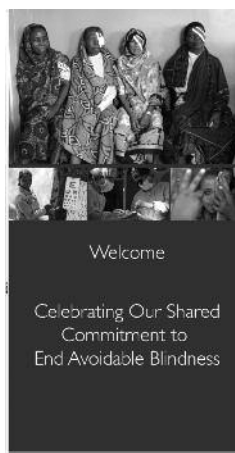
On Saturday, February 27th, the Snowbird Renaissance Center in Utah hosted a successful fundraiser to support blindness alleviation efforts in the developing world. The event was a collaboration between the Snowbird Renaissance Center, the University of Utah's John A. Moran Eye Center and the HCP. Dr. Geoff Tabin provided an update of HCP's recent activities and introduced the featured guest, friend and fellow mountaineer Erik Weihenmayer. Erik is the only blind person in history to reach the summit of Mount Everest. He gave an inspiring slideshow to over 500 attendees and helped the event raise three times the funds it had raised in the previous year.



Geoff Tabin, Mr. and Mrs. John Moran, Eric Weihenmayer and Randall Olson.

Photo: Jessica Feilmeier

Joint International Reception



HCP joined five other organizations with a shared commitment to ending avoidable blindness throughout the world to host a reception during the American Academy of Ophthalmology's Annual Meeting highlighting international work. Leaders from all six organizations came together

on the stage and were recognized for their collective efforts. Organizations included ORBIS, SEE International, International Eye Foundation, SEVA Foundation, Helen Keller International and HCP.

HCP earns 5th Consecutive 4-star Rating from Charity Navigator

HCP was awarded its fifth consecutive 4-star rating from Charity Navigator, which measures the fiscal responsibility of US charitable organizations.

Dr. Sanduk Ruit Wins Award for Promoting Sutureless Surgery

Dr. Sanduk Ruit won the CMO Asia Brand Builder of the Year Award for developing and promoting sutureless cataract surgery. Dr. Ruit told the Himalayan News Service, "I am glad that people are recognizing our work not only in the Indian sub-continent but across the world. Branding something and taking it to the world is something Nepal should be proud of."

New Book to Benefit HCP

HCP Friend Dr. Michael Lewis has authored another book with proceeds to benefit the HCP. *Seeing More Colors*, published in March, had readers describing it as "a life changer." The book takes a fresh look at the teachings of Abraham Maslow, and contains photographs from seven continents.

Statement of Financial Position December 31, 2010

The Statements of Activities and Financial Position for the Year ended December 31, 2010 have been drawn from audited financial statements. To obtain copies of the complete 2010 audited financial statements, please contact us at info@cureblindness.org.

ASSETS

Current Assets:

Cash Equivalents	\$1,174,904
Investments	6,263,218
Contributions Receivable	451,617
Prepaid Expenses	31,155
Security Deposits	700
Total Current Assets	7,921,594

Noncurrent Assets:

Property and Equipment Net of Accumulated Depreciation	8,916
Total Noncurrent Assets	8,916
TOTAL ASSETS	\$7,930,510

LIABILITIES AND NET ASSETS

Current Liabilities:

Accounts Payable	\$144,688
Total Liabilities	144,688

Net Assets:

Unrestricted	
Designated (see sidebar)	2,599,303
Undesignated	5,168,469
Total Unrestricted	7,767,772
Temporarily Restricted	18,050
Total Net Assets	7,785,822
TOTAL LIABILITIES AND NET ASSETS	\$7,930,510

HCP ENDOWMENT: GROWING

In 2008, the HCP Board established an endowment with the ultimate goal of supporting all administrative costs such that **100% of funds raised are directed to programs**. The value of the endowment as of December 31, 2010 was \$2,599,303, a \$1,183,034 increase over the December 31, 2009 value of \$1,416,269, largely due to receipt of a major gift in December 2009 and January 2010 that the Board designated to the Endowment in March 2010.

Statement of Activities for Year Ended December 31, 2010

	Unrestricted	Temporarily Restricted	Total
Revenue:			
Federal Grants	\$1,052,089	\$ –	\$1,052,089
Foundation and Other Grants	414,003	364,553	778,556
Contributions	2,325,744	66,660	2,392,404
Investment Income	519,100	0	519,100
Net Assets Released from Restriction	761,395	(761,395)	–
Total Revenue	\$5,072,331	\$(330,182)	\$4,742,149
Expenses:			
Program Services:			
Eye Care and Education	3,155,987	0	3,155,987
Total Program Services	3,155,987	0	3,155,987
Support Services:			
Management and General	234,829	0	234,829
Fundraising	55,870	0	55,870
Total Support Services	290,699	0	290,699
Total Expenses	\$3,446,686	\$0	\$3,446,686
Change in Net Assets:	1,625,645	(330,182)	1,295,463
Net Assets - Beginning of Year:	6,142,127	348,232	6,490,359
Net Assets - End of Year:	\$7,767,772	\$18,050	\$7,785,822

Revenue and Expenses FY 2010

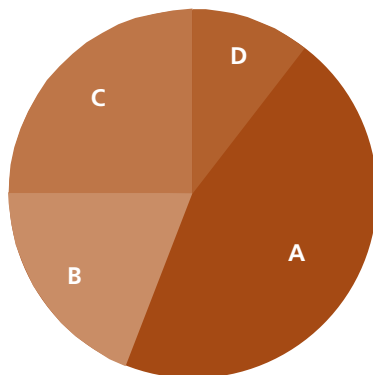
92% of all contributions go directly to programs.

45% of all contributions are from individuals.



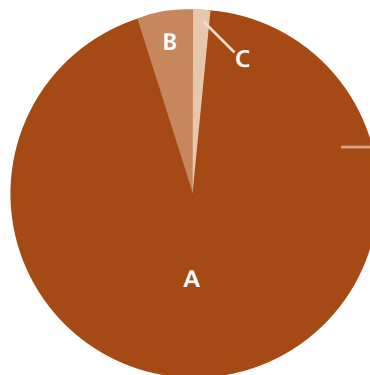
A post-operative cataract patient.
Photo: Ace Kvale

Contributions Revenue by Source



A: Individuals	45%	\$1,888,410
B: Foundations	19%	\$788,556
C: Government	25%	\$1,052,089
D: Gifts in Kind	12%	\$503,994
Total:		\$4,233,049

Expense Allocation



A: Program	92%	\$3,155,987
B: Mgmt. & General	7%	\$234,829
C: Fundraising	2%	\$55,870
Total:		\$3,446,686

Program Expense by Region

Himalayas:	69%
Sub-Saharan Africa:	27%
United States:	3%

Support

2010 Contributions

The Himalayan Cataract Project extends its sincere thanks to the many foundations, individuals and businesses that support its work.

\$500,000+

Nancy Allison Perkins Foundation
United States Agency for International
Development's (USAID) Division of American
Schools and Hospitals Abroad (ASHA)

\$100,000–\$499,999

Eugene Charlop Estate and Trust
Gordon and Betty Moore
Snowbird Renaissance Center
Starr International Foundation
The Fred Hollows Foundation

\$50,000–\$99,999

A2Z/USAID Child Blindness and Eye Health
Grants Fund at Academy for Educational
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David and Victoria Chang
Hans and Marie Louise Ernst
Kevin Matto
Sarlo Foundation
The Nick Simons Foundation

\$25,000–\$49,999

The Altschul Foundation
C G Charitable Fund
Luanne Lemmer and Eric Veach
Thomas and Ancella Toldrian
Richard and Patricia Warren
Warburg Pincus Foundation

\$10,000–\$24,999

Sean Callinicos
Michael and Michelle Episcopo
Peggy Fossett
Art and Joanne Hall
Christian Lambertsen
Matthew Oliva and Davis Wilkins
ORBIS International
Raynier Institute & Foundation
Warburg Pincus Foundation

\$5,000–\$9,999

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Ball Watch Company SA
Blackie Foundation
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Badal Choudhari and Reena Abrol
Todd and Victoria Hoffman
Paul and Laura Imperia
Mary Mellon
Douglas Miller
Shirley Saddoris
The Scoob Trust Foundation
Lisa Vagge



Patients outside of the Lhasa Institute of Eye Care in Lhasa, Tibet.

Photo: LIEC

Support

www.cureblindness.org

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 Biology at Massachusetts
 General Hospital in memory
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 Robert de Rothschild
 Gisela Diggins
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Samuel Merrell
Karilyn Michal
Jet Middaugh
Janko Mihelia
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Daniel Miller
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James and Gail Morrill
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Peter and Wendy Mullen
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Patrick Naughton
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Christopher Neff
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Joan Nelson
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Brenden O'Guin
Kara Olmo
Mary O'Rourke
Elena Orozco
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The generous financial support of HCP's donors is enhanced by the invaluable services of volunteers who share their time, expertise and services, as well as businesses, organizations and individuals that provide consumables and goods for our work.

The medical volunteers assist in our educational programs, teaching the next generation of ophthalmologists from the developing world. The non-medical volunteers share their special expertise and promote the organization.

The Himalayan Cataract Project greatly appreciates the generosity of the following businesses, organizations and individuals that contributed in-kind support, totaling over \$500,000.

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The Himalayan Cataract Project works in conjunction with a wide network of organizations, institutions, companies and individuals whose shared goals of delivering health care to the underserved converge to strengthen our mission to eradicate preventable and curable blindness.

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JOHN A. MORAN EYE CENTER

International Division

The HCP works closely with the International Division of the John A. Moran Eye Center at the University of Utah. Together we coordinate fellowships for ophthalmologists from the developing world. Visiting fellows spend one to three months in a subspecialty clinic at the Moran observing best practices and participating in the academic program. Moran faculty travel extensively in the developing world providing mentorship to ophthalmologists.



Dolakha, Nepal.

Photo: Michael Amendolia

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Watch the video to hear patients “ululate” in joy as their eye patches are removed the morning after cataract surgery in Mekelle, Ethiopia at the Quiha Zonal Hospital.

e-news

Subscribe to our monthly E-Newsletter on our website:

<http://www.cureblindness.org>

video

Please visit HCP's website to see video from Nepal and other program sites:

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Video Clips



Consider making a donation to support the restoration of eyesight to a blind person in the developing world.



Post-operative cataract patients in Hetauda, Nepal. PHOTO: Gemumu Amarasinghe

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mission

The Himalayan Cataract Project is at the forefront of international organizations working towards the eradication of preventable and treatable blindness through high-quality ophthalmic care, education and the establishment of a world-class eye care infrastructure.



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